

### Maredijk neighbourhood party

Have you already put the date of the upcoming Maredijk neighbourhood party in your agenda? On the 16<sup>th</sup> of September, starting 10 o' clock, the annual party will turn the neighbourhood upside down. Some hints of the very full programme: the first

ever Maredijk free market, crafting for the young ones, sports and music -lots of music. So something for everybody. Join the party and meet your neighbours!

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### 16th of September Maredijk free market



You have things you do not need anymore but do not want to throw away? A book, nice clothing or a children's bike? You want to sell cup cakes or other home made cooking? You will be able to do so at the Maredijk neighbourhood free market. Please let us now if you want to participate so that we get an indication of the space needed- before doors or for the central spot. Want to join? Mail us before the 6<sup>th</sup> of June.

When: 16<sup>th</sup> September

Time :10.00-13.00 hours

Where: Maredijk

Questions: [maredijkbuurtmarkt@gmail.com](mailto:maredijkbuurtmarkt@gmail.com)



### Annual Members Meeting and summer drinks

We invite you to the annual members meeting of our neighbourhood organisation. It will take place on June 30<sup>th</sup>. All members will receive the meeting documents soon. Not a member yet? Mail us at [maredijkbuurt@gmail.com](mailto:maredijkbuurt@gmail.com). It will give you in voice in what we are doing in our neighbourhood!

All inhabitants of the Maredijk are invited to join the summer drinks where the full programme of the event of the 16<sup>th</sup> of September will be presented. We also had planned a discussion about the neighbourhood plans for 2023-2027 but they are not available yet.

You are all welcome at the playground where the party starts at 20.45.



## IN THE SPOTLIGHT: ANJA MÖLTGENS

### Anja Möltgens says goodbye as neighbourhood ambassador for sustainability

Anja Möltgens began in 2016 as neighbourhood ambassador for sustainability, amongst others in the Maredijk neighbourhood. In privately owned houses development in sustainability is lagging behind. With private homeowners you cannot make agreements in the same way as with a housing corporation and as a city council you cannot exert pressure. So in order to achieve the Paris climate goals many local councils started working with ambassadors.

The council's idea is that people who have already gone some way toward making their home sustainable get other homeowners enthusiastic by helping them with things such as applying for subsidies, obtaining information, technical aspects, etc., the so-called ambassadors.

Anja says: 'I am an interior designer. My husband is an architect. We both studied in Germany and there the indoor climate is part of the course. How do you get the rooms warm? How do you insulate your house so that you can save energy? That was our motive for starting together in 2016.' Anja's husband, Axel, stopped in 2018 because he was too busy with his work.

The neighbourhood ambassadors are in contact with each other and have different backgrounds. In that way all aspects of sustainability are discussed. And they learn from each other.

The Maredijk neighbourhood scores well with Anja. 'The Maredijk neighbourhood is one of the most active neighbourhoods. If I organised an evening there about insulation, for example, the heating vision (warmtevisie) or the neighbourhood plan of implementation, no matter what, there were always a lot of people who came. I also made home calls, where I gave advice and information. And I set up a solar panel action in which anyone could participate, whatever the size or shape of the roof. The action Green Roof in the year of the roof also straightaway produced a small group that started taking determined action. Also with the Oranjerie I have been working hard on disconnecting from gas.'

Anja's expectations in the beginning of her ambassadorship were high. She expected a snowball effect. But that failed to materialize. Apparently sustainability is not everyone's priority, but steps have really been taken. Anja enumerates: 'There are so many more solar panels, people know the way much better and actions such as 'profit from your house' (winst uit je woning) catch on. 'Profit from your house' takes away the worries about insulating hollow walls, the roof and the floor, above all through good, reliable builders and a guarantee of quality. But a lot more still needs to happen, because it's five past twelve, we all have to stand up together.'

Anja will certainly continue to promote sustainability, both in her practice as interior designer as well as for different organisations, such as the LSA (Landelijke Samenwerking Actieve bewoners = National Cooperation Active inhabitants). 'Because this is so much a part of me'. Besides she was already concerned about energy poverty long before the war in Ukraine broke out and the price of energy skyrocketed. She also supports the 'energy fixers', who make small adjustments in rented houses, as well as giving advice. And in the spare time which she now has she plays clarinet in a small orchestra.

As a parting gift Anja would like to give the neighbourhood a wish. 'I hope that the sustainability group in your neighbourhood will grow bigger and bigger. Because you learn the most by sharing experiences and questions. How best to go about it in your own home, what is successful and what you would never again do in the same way. That is truly inspiring'.

**Thank you, Anja, for everything you have done for the neighbourhood over the past seven years!**

## NEIGHBOURHOOD VISION 2023-2027

The contributions of the various theme groups are currently with the editor and will be integrated in a consistent first draft. Owing to circumstances work on the text has for a while been at a standstill. In June the first draft will be checked with the theme groups for commentary and additions. The following step is the layout and illustrations. We plan to present the definitive version early October in festive style.

**TRANSLATOR WANTED** We are looking for an English translator for the neighbourhood newsletter. You may have noticed that every neighbourhood newsletter is translated into English. The translation is published on the website of the neighbourhood association. To date the translations have been done by three people. We are very happy with that, because in this way the neighbourhood news is also accessible to English speakers. However, one of the translators has stopped because he no longer has time. Who will come to help us? It's a matter of one or two pages per newsletter. Please get in touch with [maredijkbuurt@gmail.com](mailto:maredijkbuurt@gmail.com)



## MAREDIJK'S KIDSKORNER

Wednesday, April 26th, from the running reporter

### Maredijkbuurt Leiden –

The children of the Maredijk neighborhood recently got their own running reporter who joins one of them once a month, running through the neighborhood in search of the most fun spot in the area. This time, she talks to Loe about Loe's course, with handy tips from Loe included.

Spot 1 - "This is the first favorite spot," Loe points out. "The climbing frame (next to the castle). And especially the monkey bars. I do real and made-up tricks on them." She comes up with these tricks with her friends at school. Her favorite trick is a combination. Want to try it too? Cross one leg over the bar and hold it with your knee; let your other leg hang under the bar and hold it with the underside of your thigh. Then start spinning. "I also come here sometimes when I'm angry. The spinning makes the angry feeling go away."

Spot 2 - The spinning cups. Because she sometimes gets dizzy from spinning on the monkey bars, she alternates with spinning on the cups. "That helps. Although, the spinning cups can make me even more dizzy," she tells me. She also performs various tricks on them. With all her experience, she knows very well how to stop a spinning cup that's gone out of control. "Move your body in the opposite direction and then stay very still." Good tip, Loe!

Spot 3 - The two-seat carousel is the third spot on the course. "But you have to be with someone else." When her brother Raaf joins her, they like to go very fast and very high.

Spot 4 - Finally, we end up in the far corner of the playground at the climbing course. There she tells us that she attends circus classes. Well, that explains a lot! Skillfully, Loe shows us how to slide down from two inclined bars. "But this," she walks to the metal loops, "is the most fun part of this structure. You hang from your hands on one of these loops and then try to move from one loop to another without touching the ground. I'm not good at this yet," says Loe. "I've made it to the middle once, but often I can't do it." If anyone has a tip for Loe, please let her know.

Loe's course is not only fun for children. Your mom and dad will probably enjoy joining in too.

Are you in primary school and do you want to show your favorite spot in the neighborhood to the community? Email the running reporter at [gemburkurstjens@gmail.com](mailto:gemburkurstjens@gmail.com). Your mom and dad can join in exploring the neighborhood!



## CIGARETTES

### Well, those cigarette butts...

"How was it today? What did we collect?" "Well, it wasn't too bad, except for those cigarette butts; it's just impossible to keep up with them." These kinds of conversations can be heard every week around noon at the waste container on the corner of Maredijk/Schutterstraat. It's the spot where several neighbors gather every Saturday. They have just spent an hour cleaning up litter in the neighborhood, each following their own route. The filled garbage bags are gathered together and then thrown into the container. And time and time again, the question arises: What can we do to reduce the number of discarded cigarette butts? It's not just about the neighborhood looking untidy due to the abundance of cigarette butts. Ultimately, they also pollute the soil and water. Cigarette filters are mostly made of plastic and contain many toxic substances. Essentially, they are chemical waste. In this neighborhood newsletter, you will find a flyer with more information on this topic.



So, let's all contribute to making the Maredijk neighborhood even cleaner! Using an empty flowerpot as an ashtray by your door can already make a big difference.

## SHORT NEWS

### Summer Evening Walk on June 19th

It has become a tradition: around the longest day of the year, we organize a beautiful evening walk with fellow neighbors from our neighborhood. This year, it will take place on Monday evening, June 19th. We will start at 7:30 p.m. It will be approximately a 2-hour walk. Please gather at the entrance of the playground.

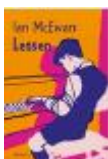


### Basketball on Sunday afternoons

A few neighbors are interested in playing basketball weekly on our basketball court near the playground. The idea is to shoot some hoops and play a game for anyone who feels like it at that moment. It's open to all, regardless of age or experience. Starting from 4:30 p.m. on Sunday afternoons. Come join us!



### Book Club



The book club will gather again on June 25th at 2:00 p.m. Address: Aloëlaan 41a. We will discuss the book: "Lessen" by Ian McEwan. From a review: A fantastic book and comforting reading for people aged 60 and above. (But young people are also welcome!) \* Thought-provoking \* Empathetic \* Well translated.

McEwan effortlessly weaves Roland's life with major events from our recent history: from the Suez Crisis to the Cuban Missile Crisis, the fall of the Berlin Wall, and the climate crisis and pandemic. To join, please contact [p.cambier@planet.nl](mailto:p.cambier@planet.nl)

## Summer at "Eten op de Marewijk" (Food on Marewijk)

On June 16th, we will gather again to enjoy food on Marewijk. It's summer, and our thoughts drift to vacations and sunny destinations. We will prepare delicious dishes from the Mediterranean region. The table will be filled with tapas, antipasti, tortilla, couscous, hummus, wraps, salads, and sandwiches. The chefs will have a blast in the kitchen. Are you joining us for the meal and/or would you like to contribute by preparing something? Please RSVP to [etenopdemarewijk@gmail.com](mailto:etenopdemarewijk@gmail.com). On June 16th, the tables will be set from 6:00 p.m. Adults can join the meal for €5, and children for €2.50.



## BECOME A MEMBER

We need your support!

The neighborhood association has approximately 220 members, people who feel connected to each other and to the neighborhood. Furthermore, we are an active neighborhood association that organizes many activities for and by residents. Are you not already a member of the neighborhood association? Then fill out the registration form on our website [www.marewijkbuurt.nl](http://www.marewijkbuurt.nl). It only costs €7.50 per year. You can also pick up the form from Christa de Boer, Aloëlaan 41a.

## JOIN US AND BECOME A MEMBER

### ACTIVITIES AGENDA

Weekly activities in/from the Marewijkhouse.

Monday	Singin	
	Walking with neighbours	meet-up at the playground
Tuesday	Coffee	
	Books in the neighbourhood	
	Crafts	
	Get more out of your iPad	
Wednesday	Toy Library Klapstuk	
	Books in the neighbourhood	
Thursday	Fit with Kit	
Saturday	Toy Library Klapstuk	
	Books in the Neighbourhood	
	Neighbourhood clean-up	meet-up at the playground

### Planned activities

June 16th	Dinner on the Marewijk	
June 19th	Summer evening walk	meet-up at the playground
June 25th	Bookclub	
June 30th	General Members Meeting + summer drinks	
July 1st	Playground party and pancakes	
Sept 16th	Neighbourhood party	

### CONTACT PERSONS

Neighbourhood-garden Tamboerpad

Facade gardens

Dinner at the MarewijkPlaygroundCommunity officer

## RENOVATION IN THE PLAYGROUND AND MAREWIJK HOUSE

### From castles and panels

Good news from the playground: it will be renovated and redesigned extensively this coming autumn. In the space where the castle currently stands, a new large climbing and sliding structure will be installed among the trees. Unfortunately, the castle is in too poor condition to be maintained. Its farewell is a bit sad, as it was once enthusiastically crowdfunded in the neighborhood, although the term wasn't used back then. The other new attraction is a beautiful water play area, featuring various sprinklers, sprays, ditches, and sluices. This will be situated where the swimming pool used to be, which has been out of use for several summers due to excessive rules and costs. The so-called nest swing will be refurbished and moved slightly. For this renovation, the municipality had three contractors develop plans. The playground committee was

involved in the decision-making process and is very enthusiastic about the outcome. The plan is to have everything in place by October. The playground will be closed for a while during the works. Meanwhile, inside the Maredijk House, a small renovation and restyling is already taking place. The entire building is transitioning to being "gas-free." This decision was made by the playground association following an energy advice on behalf of the municipality. The municipality is also contributing a modest subsidy towards the interventions. Visitors to the building may have noticed the white infrared panels already hanging from the ceilings, which will be used to heat all the rooms in the near future. Additionally, solar panels will soon be installed on the flat roof, and in the kitchen, the gas stove and hot water faucet will be replaced by their electric counterparts.



speeltuín

## Rondom de Maredijk

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