



BUURTKRANT 'KIJK OP DE WIJK'

MAART 2024

English version online: www.maredijkbuurt.nl

VERENIGING MAREDIJKBUURT



Neighborhood watch with 'our' BOA

On February 9, the board took a walk around the neighborhood with the Enforcement Officer (BOA) of the Maredijkbuurt. It was an opportunity for closer acquaintance and a chance to point out both the good and the less desirable aspects of the neighborhood. One of the issues highlighted was the problem of abandoned and wrecked bicycles, which were causing disturbances in various places around the neighborhood.

A few days later, the Enforcement Officer and a colleague toured the area and collected 20 of these abandoned bicycles.

Continue Reporting Disturbances! The municipality takes action when residents report nuisances. The removal of broken bicycles was also largely based on such reports, so this is a call to continue reporting nuisances to the municipality. It truly makes a difference!

Visit the website of the municipality of Leiden. Look for 'Reporting' and you can file a report directly. Alternatively, you can call 14071 during office hours.



Neighborhood party on the 31st of August!

It's likely already on your calendar: on August 31st, we will celebrate again! As usual, we're organizing it together with the playground association. Currently, a group of active people is making plans, and also the flea market group is joining in. They will display their goods this year on market stalls and thus become a bigger part of the neighborhood festival. Furthermore, we're thinking of a decorated bicycle parade through the neighborhood, a canal excursion led by Aaf Verkerk, our city canal advisor, bingo, sports, face painting, music, crafting, painting, etc. Whether it will all work out, we don't know yet. But... if there are people with ideas who want to help, please sign up at maredijkbuurt@gmail.com.



IN THE SPOTLIGHT: HERCO AND CHRIS

How do Herco and Chris make their own house more sustainable?

On Wednesday February 21, 2024, Herco and Chris give us a very warm welcome in their house on the Aloëlaan when we visit them for an interview about their journey to sustainability. They've lived there since 2015. The previous owner of the house (built in 1931) had seen to it that the roof was insulated and that the windows were double-glazed. Since then, Herco and Chris have carried out various renovations in order to make their house even more sustainable.

The flooring of the ground floor – which was somewhat insulated but in poor condition – was removed. The wooden beams were replaced by concrete beams and insulation boards, with an underfloor heating system on top of that, and finally a parquet floor. It made for a very comfortable atmosphere inside.

In 2023, Herco and Chris got a nasty surprise when they discovered roots growing under the flooring in the toilet. A number of pipes (drains, electric cables, etc.) had been damaged and were in need of extensive repairs. To that end, they had to uncover the floors and shafts, and this was the perfect opportunity to make some preparations for the future: they installed electric cables in the shafts intended for solar panels and a potential (hybrid) heat pump, as well as electric cables for the kitchen, so that they could replace the gas stove with an induction stove. And of course, they also renovated the meter cupboard.



The next step was to install cavity wall insulation. For this, they found a company on Google with experience in the insulation of houses built in the thirties in Leiden. The installation went rather smoothly, and the job was done after half a day's work, although things got tense for a moment when insulation beads began to appear in places they shouldn't. However, the problem was solved efficiently. The costs were approximately €1000,-. The application for an ISDE subsidy (Sustainable Energy Investment Subsidy) was quite easy and was dealt with quickly.

In October 2023, Herco and Chris contacted the installation service Ampère for the installation of 8 solar panels on the side of the roof facing the south. Although Ampère is not specialized in solar panels, they have a lot of knowledge and skills in the field of electrical equipment. They carried out this project to their complete satisfaction. Herco and Chris were worried that the tiles on their roof would not be suitable, but according to the experts, they were as suitable as modern tiles or even more so. The same was true for the laths, which were more sturdy than they are usually made today. The installation's total capacity is about 3,200 Wp, which covers a little more than their demand.

Herco is still thinking about installing extra solar panels at the back of the house (east-west structure).

They took the cutback in offsetting into consideration, but in the end, this did not have an impact on the question of whether to install them or not.

Herco and Chris are keeping an eye on the developments surrounding hybrid heat pumps, but do not believe it to be worthwhile for the present. They've already replaced the heating boiler with a smaller High-Efficiency boiler which functions properly. The annual gas consumption is approx. 800m³.

For Herco and Chris, financial savings and payback time are not necessarily the most important considerations in their sustainability-related decisions. Rather, they see it as their social responsibility to reduce their carbon footprint step by step. This applies to other areas too: flying less often, a vegetarian diet, a car that runs on biogas (CNG), etc.

We're grateful to Herco and Chris for their hospitality and their willingness to share their experiences with the community. We hope that Herco, Chris and their children will get a lot of pleasure from their comfortable home for a long time!

Group buying energy-saving measures city of Leiden.

In February, the city council has sent a letter to owner-occupiers concerning a collective advice- and group buying, which the council is organising together with the company *Winst uit je Woning* (Profiting from your Property). If you missed this letter, you can find it on our website.

Meeting on Sustainability for residents, April 10 in the Mareijkhuis

The neighbourhood association and Energiek Leiden are organising an assembly to give practical information about energy-saving measures. There will be three 'Tables' where "energy coaches" give information and share their experiences with practical quick wins, insulation measures and solar panels. They will also list desired further proceedings.

The doors open at 19.15, the event starts at 19.30 and will end at around 21.30.

Maredijks Kidskorner

From the running reporter

Maredijk Leiden – The children of the Maredijk neighbourhood have their own reporter. For this edition of Maredijk News she went for a walk through the neighbourhood with one of them looking for the nicest spots to play. This time she meets with Luuk.

It is a cold Thursday afternoon during spring holiday. Luuk is waiting outside wearing shorts. "I just arrived from basketball at BSO", he explains when I ask about his outfit. He is a boy of action. So much is clear. "The double decker?" "I ask when he says where we are going. I am curious. After having passed the parking lot next to Petteflet and having entered the Parmentier weg to the right he points at a parking garage. "You will understand why this is called the Double decker", he tells with a broad smile. He is right. So much is clear. Luuk knows about the Double decker because a friend from his street told him. With him and other children from the area he likes to come here. Sometimes Luuk goes cycling there but he also plays Among Us there. "A hell of a game", he tells. But then quickly adds: "With quotation marks off course." "I need some explanation. How does it work? Fortunately Luuk is prepared to explain the rules of the game in detail. Secretly a 'moordenaar' (imposter) is assigned and the rest of the kids spreads across the space. "You are also allowed to go upstairs. When the imposter finds you he or she stabs you in the side (red, fake of course) and you are dead. You then have to lie down on the ground. If you want to stay there, that is allowed." Luuk continues; "But you can also become a ghost. Then you are allowed to run again with your arms crossed. But nothing more. You are also not allowed to say who is the imposter". "But if you are not a ghost and know who it is, what do you do then", I want to know. "The you walk there", and Luuk points at a pillar, "and you say meeting". And then you tell the name. I wonder what happens if you are wrong. Luuk has the answer: "We just continue playing. I do not know the rules of the game exactly." And yes, if you guessed right a new imposter is secretly elected. You can play this game with 3 or 6 or 9 or even 15. Super idea, Luuk! A nice game to play with the others in the neighbourhood. Thanks for the interview.



Are you going to the primary school and you also want to show your nicest spot in the area, then mail the running reporter at gembkurstjens@gmail.com. Your mom and dad are most welcome to join.

Briefly looking back at December making Christmas pieces

The atmosphere was great and the event a success to certainly be repeated. Those who attended engaged in making the pieces enthusiastically. Keep the stuff you used for this year's event.



Brief news



Translator needed.

We like to thank very much Marlene van Doorn for so often making the neighbourhood news accessible to our English speaking inhabitants. We now need a new translator. When you want to help out please make it known at maredijkbuurt@gmail.com. Every two months one page has to be translated.

The Maredijk dinner

On the 22th of March there will be another Maredijk dinner. Its theme is: going from winter to spring. So a bit of both. You are most welcome as of 18.00 hours. Adults pay 5€ and children 2,50€. Please indicate your participation in advance at etenopdemaredijk@gmail.com. The next dates are 19th of April and 17th of May.



Puzzle Competition at the Maredijkhouse



Have you already put a team together for the 10th of March puzzle competition? We start 14.00 hours. We will do a 500 pieces Van Haasteren puzzle. Who will finish first? You can win nice prizes and participation is free.

Plant market

March and April are the months when we get ready to renovate and freshen up our (facade) gardens, tree mirrors and plant areas. To remove what is dead and put new plants in the ground. To be able to help one another we organise on Sunday the 14th of April a plant market where plants can also be exchanged. So, if you have plants or cuttings (for inside and outside) you want to exchange or give away come to the market and make others happy. Even if you have nothing to offer yourself, you are most welcome to have a look. So: Sunday 16th of April starting 14.00 hours at the Maredijkhouse.



Activities Agenda

Weekly

Sunday		Basketbal in De Kooi	Dik Toet, 062334849
Monday	11.00	Sirgin (Neighbourhood Choir)	Joke Spannenburg 071-5222509
	14.00	Walking with neighbours	Gathering in front of the Playground
Tuesday	10.30	Coffee morning (walk-in)	Christa de Boer, 06 52649828
		Neighbourhood library	
		Needlework	
		How to use your I.Pad	
Wednesday	10.00	Speel- o- Theek Klapstuk (Toys)	06-24211018 www.sot-klapstuk.nl
	10.00	Neighbourhood library	
Thursday	10.30	Fit with Kit (fitness)	Sigrid Jansen, 06-11524565
	20.00	Klaverjassen (card play)	
Saturday	10.00	Speel-o-Theek Klapstuk	
	11.00	Cleaning up the Marewijk	gathering in front of the Playground

Planned activities

10 th March	14.00	Puzzle competition	christadeboer@gmail.com
22 th March	18.00	Marewijk Dinner	etenopdemarewijk@gmail.com
16 th of March	11.00	Cleaning up the play ground	Play ground
30 th March	10.00	Finding Easter eggs	Play ground
10 th April	19.30	Meeting on sustainability	marewijkbuurt@gmail.com
14 th April	14.00	Plant market	trudigroenendijk@gmail.com
19 th April	18.00	Marewijk dinner	etenopdemarewijk@gmail.com

Other contact persons

Neighbourhood garden Bert van Sprundel 06-13681169

Facade gardens Marian Smit mariansmit@casema.nl

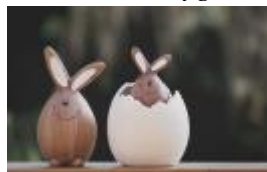
Marewijk dinners etenopdemarewijk@gmail.com

Playground Regular opening hours Monday- Friday 10.00-17.00. Often also open on sat. and sun. www.svmarewijk.nl

Neighbourhood police officer: Lakhdar ben Taleb, 0900-8844, Langegracht 11, 071-5258865.

Around the Marewijk

News from the Play ground



The new waterplay place is almost finished waiting for one of the elements to arrive and the finishing of the paths. Hopefully it can be opened at the end of march. On Saturday 16th March as of 11.00 we will do the yearly cleaning of the playground . We sure can use some help. On Saturday 30th March we will go looking for Easter eggs. Only for children up to 9 years. We start at ten. Be on time. There will be something tasty for all children.

Join us

We need your support

Our neighbourhood organisation has about 225 member who want to be engaged with each other and with Marewijk. It undertakes a lot of activities. New members are most welcome. It will only cost 7.50€ a year. Join us and fill in the form on our website, www.marewijkbuurt.nl. You can also pick up the form at Aloelaan 41A, Christa de Boer

Chat tricks

Are you being called by someone who says to be a police officer or a bank employee? Do not start a conversation. Do not give any details like your address even if it looks as if the caller knows about you. These people are rather clever and have also been active in Marewijk. So watch out. For how to better deal with these criminals: www.politie.nl/babbeltruc

