



BUURTKRANT 'KIJK OP DE WIJK'

NOVEMBER 2024

English version online: www.maredijkbuurt.nl

VERENIGING MAREDIJKBUURT

SUSTAINABILITY CONTINUED

In recent months we have organized two meetings on sustainability at the Maredijkhuis. We discussed subsidy schemes and simple measures that quickly return on investment, such as insulation, solar panels, and heat pumps. Both evenings were well attended and were pleasant gatherings. Three groups have now been formed to help each other. These groups will work on the heat pump, glass insulation, and roof insulation. Before we continue, we would like to gauge the interest of the rest of the neighborhood. In the list below you can see the possible topics. Depending on the interest in a topic, we will organize a follow-up meeting. This can be an evening in the Maredijkhuis or a living room-meeting or we provide personal support by an energy coach.

We would like to invite you to indicate what you are interested in. Anyone may respond - including non-members - but please before the end of November 2024. On our website under 'News' you will find a list of possible topics. Send us an e-mail (maredijkbuurt@gmail.com) with the numbers of the subjects.

The Maredijk Sustainability Group: Ad, Aad, Ester, Leo

SECOND-HAND TOY FAIR

Do you have any toys in the closet that your (grand)children no longer play with? Clear up space and make other children happy by selling your toys. On Sunday afternoon, November 10, the activity committee Maredijkbuurt organizes a 2nd hand toy fair. You can reserve a table at: igrldmcjansen@gmail.com. Participation is free and it is only for private sellers.

Where : Maredijkhuis

When : November 10 from 2 p.m. to 4 p.m.



WELCOME NEW NEIGHBORS

The activities committee worked with the board to develop a welcome flyer. The leaflet for new residents contains practical tips on how and what to do in our neighborhood. It is inserted in this neighborhood newspaper. If a new resident has moved in next door, please send us a message via email to maredijkbuurt@gmail.com.



ADJUSTMENTS GARDEN GREEN VIRULYPAD - PARMENTIER ROAD

The municipality of Leiden wants to work towards more variety in public green space. To this end, they have made several plans, also for our neighborhood.

On September 16, the Green Group of the Maredijk shared these plans with the residents of the Parmentierweg and the Virulypad. The goal of these modifications is: more birds, insects and a more varied appearance of the greenery.

As a result of this evening, some minor adjustments were made to the plans. The fundamental starting point remains that there will be enough space for children to play. Secondly, we have indicated that the new planting should not be too high in order to maintain visibility. The work will be carried out this fall and residents will receive a letter from the municipality discussing the plans.



IN THE SPOTLIGHT: HUGO AND WIETSE AND DE VETTE GANS

It must have been nearly impossible to miss: the house on the Maredijk that was being build from the ground up. At the end of October, Hugo and Wietse are going to move in there, because that is when they are set to move out of their old house. Hugo is a logistics manager at a construction firm, while Wietse works as a manager in the hospitality industry.

Here's the story of their long journey buying a house, demolishing it and building a new one: Hugo and Wietse renovated their house in the Smidssteeg all by themselves, which they really enjoyed. Due to their desire to start a family and the wish to move into a bigger house, they started looking for a house in dire need of renovation, which took about two years.

"I have always dreamed of building my own home," Wietse says. They searched in a few particular neighbourhoods – with the Maredijkbuurt high on their list.

Two-and-a-half years ago, the house in question appeared on Funda, and they deemed it to qualify for demolition. They arranged a demolition permit at the same time as they purchased the house. Next, they commissioned an architect. They worked out their own ideas in a 3D-program, although the design had to follow a lot of stipulations posed by the direct environment. The house has little alleys on all sides, as well as other houses at the back. They kept in close contact with the neighbours, and the plans had to be altered thirty times. The city council had a lot of conditions the house had to meet, like the mansard roof (see text box) and a garden. Just before Christmas 2022 the plan was approved. The urban designer, building inspector and environmental protection agency all consented.

Hugo: "Then it was time to start demolition. An architect made the plans, a structural engineer made all the calculations and we handed in the permit. The whole process took much longer than anticipated, a total of fourteen months!" Wietse and Hugo had arranged everything with the various experts by themselves. Due to the increasing prices of the materials, everything costed twice as much. That is why they decided to do as much as they could by themselves, except for basic steps such as laying the foundations, masonry and roofing. Their basic principle was: "We can afford to fail two times if we try it ourselves, since the costs of the building material amount to about a third of the costs of hiring constructors to do everything for us." Now they're moving in less than a year after laying the first bricks, so it actually all happened fairly quickly.

As regards sustainability, they started by making a report on future-proofing. They gathered information from a number of institutes, such as the *KNMI* (Royal Dutch Meteorological Institute), so as to get an overview of the prospects of the next 50 to 100 years (concerning rain/drought, temperature, flooding, biodiversity). According to Hugo, a lot of houses on the Maredijk are crammed next to each other, making it possible that the temperature doesn't drop below 45°C for more than ten days, because the heat can't escape. There is a chance of flooding as well, meaning that they have ensured all household appliances downstairs are flood-proof and that their important belongings are on the first floor or higher up. The rear side of the house has been made fit for bats, there are holes in the brickwork for birds, and the left outer wall will become a green wall, serving to keep the house cool, but beneficial for insects as well. They also got off gas and have placed solar panels on the roof. There is a thermal energy battery in their house – a new type of boiler that contains salt instead of water. The salt is kept in a vacuum at 70°C, and this is used to heat the water.

There's also going to be a battery pack for storing solar energy. From their calculations, they concluded that the number of solar panels on the roof provides enough energy to be fully self-sustaining – even including charging the car. "But we'll have to see in practice whether that works out," Hugo says.

When everything is finished, Hugo and Wietse would like to be active members of the community, perhaps in the area of sustainability, but also by participating in activities. But that might still take a while. Their outlook on life? "To live life to the fullest, you need to take up its challenges and sometimes choose to take the road less travelled.

Finally, Hugo and Wietse would like to thank the community for their patience during the demolishment and construction of *De Vette Gans* (The Fat Goose)!



What is a mansard roof? It's a type of roof named after a French architect. A mansard roof has a unique bent shape, with two slopes on each of its sides. It's also called French roof or curb roof.

RETURNING IN 2025: THE JIGSAW PUZZLE COMPETITION



There's going to be another jigsaw puzzle competition with the *500 van Haasteren*. For those who missed out on the prizes last time, we gathered some tips and tricks:

- The picture: study the picture after unpacking the jigsaw and decide what everyone on your team is going to work on;
- To sort or not to sort: It is an often-heard advice: "Do not start by sorting out the edges!" And it holds true for most jigsaws, as sorting out the edges is very time-consuming. Some jigsaw puzzles are very easy to sort though. When you divide it in smaller parts, making it will go much faster;
- Communicate: there are a lot of recognizable elements in every *Van Haasteren* jigsaw. If you find a piece of, say, the octopus, tell your teammate! They'll gladly take the piece from you!

Of course, you *can* participate in the competition without practice. The competition will be on January 12, 02:00 pm. in the Maredijkhuis. Registering is not necessary. If you do not have a team yet (4 players max.) we will arrange something on site. Participation is free of charge.

Maredijks' KidsKorner

From the running reporter

Maredijkbuurt Leiden – the children in de Maredijkbuurt have their very own reporter. For this edition we'll again be going through the neighbourhood, looking for the best spots.

This week we're meeting with Tirsa. It took some effort for us to meet up. I had showed up on her doorstep and she had gone to my house. Finally, I found her in the street. She comes over on her scooter. "Hey Tirsa, we found each other!"

First, we go back to her house to drop off her scooter. But it turns out that was also the way to her favourite spot. I'm not very familiar with this part of the neighbourhood, so I'm really curious where she's taking me.



"This is it!" We walked past a few houses and apartment buildings. And out of nowhere we find ourselves on a plot of grass. We have view out over the water. "I like to come here with my friends. To chat." Tirsa tells me. When I ask her what they'd talk about she says she can't tell me everything because they often share secrets with each other. "And you have to keep those secret, of course." I understand completely, that's what friends are for.

But Tirsa and her friends also talk about regular fun things. It soon becomes clear that Tirsa is very good at it, talking that is. We talk about this and that, but also about gymnastics of course. She trains four times a week. The balance beam is her favourite apparatus. "It's very acrobatic." She says and she likes that. But we also talk about a spider that entraps a fly in its web, because we passed a spiderweb earlier. "I think it's interesting to look at. It's a little bit like papier-mache, that cocoon around the fly." We also talk about her trip to Duinrell with her cousin and that they also camped there. "We have a camper, but I slept in a tent with my cousin." She also tells me that her favourite book series the 'Hoe overleaf ik...' -series is by Francine Oomen. "I like how it contains e-mails, that the friends write each other." It's similar to what Tirsa likes herself: to chat with her friends.

Francine Oomen. "I like how it contains e-mails, that the friends write each other." It's similar to what Tirsa likes herself: to chat with her friends.

"For this type of conversation you need a quiet spot," she explains. "You can't do it at the playground. It's too busy there." That's why she's so happy she found this spot. And the thing that makes this spot so perfect, according to Tirsa, is the sound of the water. "It's such a funny sound, those waves." She's right, when a boat passes by the waves splash joyful against the wall. "I also like to wave to the people on the boat."

She doesn't like how difficult it can be to meet up with her friends. That's because she trains so often. And her friends also have their activities during the week. And then their moms and dads have to see when it would be possible for them to meet up. To have her own mobile phone would be helpful in that regard. "But that's still a ways away." She hopes, however, she can have a 'try-out' phone sooner, just like her cousin.

Are you attending primary school and would you also like to show me the best spots in the neighbourhood? Send an email to the running reporter: gemburstjens@gmail.com. Your mum and dad are more than welcome to join us on our walk through the neighbourhood.

Short news

Martinmas (Sint Maarten)

On Sunday November 10 between 10:30 and 12:30 o'clock we will be making lanterns together at the Maredijkhuis. It's not necessary to sign up.

Would you like to be a 'rich man/woman' and hand candy to the kids that come to your door? Please let us know by mailing ledenmaredijk@gmail.com. And also place a candle in your window on November 11 between 17:00 and 19:00 o'clock.

Dinner at the Maredijk

On November 15 we will be having dinner at the Maredijk again. Tonight's theme will be America (because of the America elections). You are welcome to come over from 18:00 o'clock onwards. Adults pay €5 and children €2,50. Please register beforehand by mailing etenopdemaredijk@gmail.com.

Christmas Carols

By now, it's a tradition. On Tuesday December 17 at 19:30 o'clock we will be singing together to get into the Christmas mood! The two choirs, Hardkoor and our very own Sing-In', have been practicing every week at the Maredijkhuis. Once a year, they sing Christmas carols with and for the neighbours. Of course there will be coffee and hot choco with something sweet alongside it.

New Year's Reception

It seems rather far away, but save the date: 24 January 2025!

Book club

On Saturday, 16 November, at 14 o'clock the book 'De tienduizend dingen' (The Tenthousand Things) by Maria Dermoût will be discussed. Would you like to participate in this meeting, sign up by mailing p.cambier@planet.nl.

The book is a master piece within Dutch-Indonesian literature and it has reached international classic status.

The story takes place on a Moluccan Island at around the end of the Dutch colonisation. Felicia, 'mevrouw van Kleyntjes', lives alone with her servants on a remote plantation on a bay. With nostalgia, but resigned with her fate, she remembers the living and the dead. She watches as a multiplicity of things passe her by, from the smallest things like the seashells, to the people surrounding her.

It's more than a living portrait of a bygone time, this book is an exploration of the human condition.



ACTIVITY CALENDAR

Weekly activities in/from the Maredijkhuis

Sunday		Playing basketball in the cage	Dik Toet, 06 23348489
Monday	11:00 14:00	'Sing-In' (neighborhood choir) Walking with fellow residents	Joke Spannenburg, 071 5222509 , Gather in front of the playground Christa de Boer, 06 52649828
Tuesday	10:30	Coffee club (walk-in) Books in the neighborhood Crafts Make better use of your I-pad	Verzamelen voor de speeltuin
Wednesday	10:00 10:00	Toys Library Klapstuk Books in the neighborhood	06 24211018, www.sot-klapstuk.nl
Thursday	10:30 20:00	Fit with Kit, (sports exercise) Playing Cards (Klaverjassen)	Sigrid Jansen, 06 11524565 Gé van Vliet, 06 22258969
Saturday	11:00	Toys Library Klapstuk Books in the neighborhood Neighborhood clean-up	06 24211018, www.sot-klapstuk.nl Gather in front of the playground
UPCOMING ACTIVITIES			
10 Nov	10.30	Making lanterns	06 24211018, www.sot-klapstuk.nl
10 Nov	14.00	Toy Fair	Verzamelen voor de speeltuin
11 Nov	18:-00	St. Martin tour	sigridmcjansen@gmail.com
15 Nov	18:00	Eating on the Maredijk	etenopdemaredijk@gmail.com
16 Nov	14:00	Reading club	Peter Cambier, p.cambier@planet.nl
8 Dec	14:00	Making Christmas pieces	Trudi Groenendijk, 06-40556634
17Dec	19:30	Singing carols	maredijkbuurt@gmail.com
12 Jan	14:00	Puzzle contest	maredijkbuurt@gmail.com
24 Jan	20:00	New year drink	maredijkbuurt@gmail.com

JOIN US

We need your support! Our neighborhood association has some 225 members consisting of residents who care for the neighborhood. We are an active neighborhood association and organize many activities for and by local residents. If you are you not yet a member yet, please register the form on our website www.maredijkbuurt.nl. Costs are only € 7.50 per year. You can also pick up a paper form at Sigrid Jansen, Marislaan 59. JOIN AND BECOME A MEMBER!

HELP WANTED

Toys Library -Klapstuk

What can you do?

*Once a month. Help with the lending out toys;

*Think about buying new toys of new toys.

What do you get in return?

* A lot of sociability from the team of volunteers;

* A feeling of satisfaction after a morning of lending

*Lots of contact with other parents

*More insight into the play possibilities for your own children

Once a year a nice dinner with the full team.

How much time does it take?

*On average 3 hours per month (on Saturday from 10.00 to 12.00 + preparation);

*An occasional meeting with the whole team.

Other contactpersons

Neighborhood garden Tamboerpad, Bert van Sprundel, 06 13681169

Workshops on Sundays, Sigrid Jansen, Sigridmcjansen@gmail.com

Facade Gardens, Marian Smit, mariansmit@casema.nl

Neighborhood cleaning, Bert van Sprundel, 06 13681169

Playground, Opening times Mon-Fri 10 a.m.-5 p.m., usually also Sat and Sun, www.svmaredijk.nl

Community police officer, Lakhdar ben Taieb, Langegracht 11, 071 5258865 (national number 0900 8844) , Reports/complaints about public space 14071

CHRISTMAS ARRANGEMENTS

On Sunday, December 8, there will be the opportunity to make a Christmas arrangement. If you attended last year, you maybe you saved some Christmas decorations. You can of course bring these again!

Materials are provided, but a tray, bowl or the like you must bring your own.

You can also make a Christmas arrangement on a piece bark or a small thick slice of a tree. The costs are 1.50 to 2.00 euros.

Please SUNDAY 8 DECEMBER 2:00 pm in your agenda.

For questions, please call Trudi Groenendijk, 06-40556634